



GOULBURN EAST PUBLIC SCHOOL NEWSLETTER

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Term 4

25 October 2018

Week 2

TERM 4 EVENTS

Kinder Orientation Dates

Wednesday 31 October

Session 1: 12.15pm to 1.45pm

Wednesday 7 November

Session 2: 12.15pm to 1.45pm

Wednesday 14 November

Session 3: 12.15pm to 3.00pm

Wednesday 21 November

Session 4: 12.15pm to 3.00pm

Monday 5 November

Swim School fortnight starts

Tuesday 6 November

P&C Meeting 5.30pm

Monday 19 to Wednesday 21 November

Stage 3 Camp to the Blue Mountains

Wednesday 28 November

Mayoral Reception for School Leaders at 4pm

Tuesday 4 December

Final 2018 P&C Meeting 5.30pm and dinner

CLAIM THE DATE

Goulburn East Presentation Evening

Monday 17 December 2018 6pm

Goulburn Workers Club Auditorium

We had a lovely day yesterday with our grandparents visiting our school. We welcomed both new and familiar faces to our assembly and classrooms with many grandparents travelling some distance to be with us each year. It is always such a special time when we can share our school with these important people in our lives.

Life in Australia is all about water – at the beach, and in pools, dams, rivers and water parks. Shortly, some of our students will be participating in the School Swimming Scheme which has been running for many years now – I even remember completing the fortnight of swimming when I was in Year 2, a thousand years ago in Sydney! This has always been a wonderful opportunity for children to learn important swimming skills, lifesaving techniques and how to stay safe around water. All Year 2 students and those in Years 3-6 who are not able to swim 25 metres in a recognised stroke are targeted for this program. Enjoy your time in the pool and fingers crossed for the sun!

This term we welcomed four new students to our school. Welcome to Zac and Tarni in Year 6, Hannah in Year 5 and Kiesha in Year 1. It is lovely to have you with us.

We are starting to look at our school structure for next year. If you know that your child will not be returning to Goulburn East in 2019, could you please let the office know as soon as possible.

Have a great week
Charmian Cribb

P & C News

The P & C are in need of any school uniform items that your child has grown out of and are in good condition for their clothing pool. Please hand them in at the office and we will pass them on to the P & C.

CANTEEN

The canteen **will be** operating this Friday 26 October 2018



SCHOOL HATS



A reminder that hats must be worn during outside play during term 4. Please make sure your child's name is clearly marked.

TERM 4 WEEK 2 ASSEMBLY AWARD RECIPIENTS

KJ	Eliza-Rose Pomery-Griffin	1F	Archer Miller	1/2S	Kiesha Konig
	Georgia Kiss		Sharaf Un Nisa		Ella Smith
	Violet Gray		Jarraah Evans		Poppy Kershaw
	Jack Curry		Layla McIntosh		Jack Clarke
					Venice Herridge
2/3H	Keira Ravesi-Hill	3/4G	Ashana Ginn	4/5M	Hannah Boyan
	Vinnie Barton		Anton Millar-Bajtala		Fletcher Swan
	Payton Richards		Jacob Doggett		Slayde Quinn
	Brenden Bourke		Bow Barton		Lacey Horwell
5/6R	Jaylen Shawyer	Zackory Horwell			
	Haley Anable	Tarni Dixon			
	Caitlin Lawrence				



IMPORTANT REMINDERS REGARDING PERMISSION NOTES

- Please check your child's bag EVERY day for notes
- A **separate note must** be filled out for **each student**
- Permission notes can also be submitted via the Skoolbag app
- Remember to write your **child's FULL, legal name** on permission notes. Many notes are coming in with a first name only written on them
- Notes should **not** be put into home reader folders as they can get caught up with home reader sheets and books
- Please include **correct money** with permission notes. **(We do not have change available or accept foreign coins)**



Ash Thomas Visit

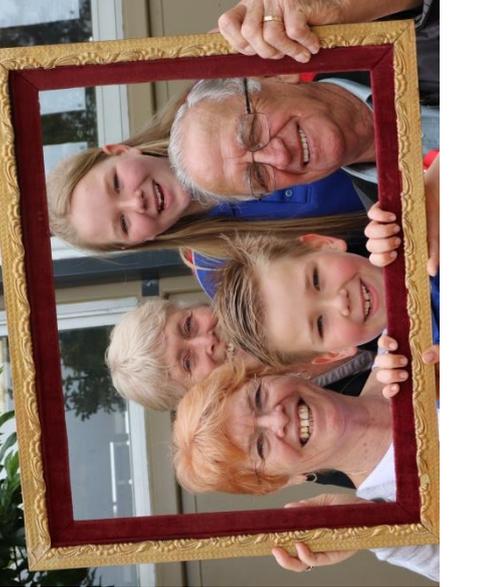
On Monday, Goulburn East was very lucky to have Ash Thomas, an Australian Junior hockey player, come for a visit. Ash holds the prestige and most stressful job of being the goal keeper; Ash has represented Australia at 35 international matches. Ash came to school to discuss with 5/6R the challenges people face to reach success. He pointed out it is a good idea to have the main goal and then steps you need to do to reach the main goal. Ash also acknowledged that disappointments and setbacks happen along the way - it's how you deal with these that is important. Being determined, being resilient and being prepared were the 3 main ideas Ash discussed. Ash also answered many well-thought out questions from the students. Ash also conducted a hockey clinic with students from Mrs Gliddon 3/4 class.





Grandparent's Day











GET YOUR ACTIVE KIDS VOUCHER TODAY



School-enrolled children will be eligible for a **\$100 Active Kids voucher** each calendar year. The voucher can be used with any approved Active Kids provider, to help cover costs towards registration, participation and membership fees for sport, fitness and active recreation.

How to apply for your voucher

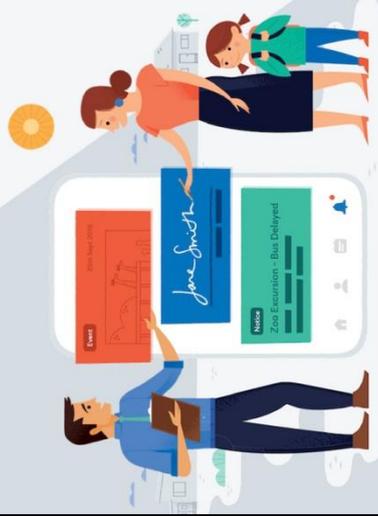
1. Visit  service.nsw.gov.au and create or login to your MyServiceNSW Account
2. Click on the Active Kids icon  and link your Medicare card details to the Office of Sport
3. Complete an application using your current Medicare card details 
4. You will receive a voucher with a unique ID number for each child you register 

How to use your voucher

1. Take it to a registered activity provider, or log onto your provider's website and enter the voucher number
2. When your voucher has been used the status of the voucher will change from 'Active' to 'Redeemed'
3. If you lose your printed copy you can look up the number in your SNSW account by looking on the My Applications tab



Stay informed with the SkoolBag App



The SkoolBag app is the easiest way to stay up-to-date with school events, last minutes notices, newsletters and all school communications.



Download the app

Search for the free SkoolBag app in the Apple App or Google Play Store



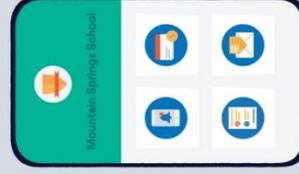
Create an account

Sign up in seconds with your email address



Add your school

Search for your school and add your subscription groups



For Ages 5 - 7

Free weekly BBQ



JOIN THE FUN

WOOLWORTHS CRICKET BLAST IS A FUN AND FAST PROGRAM FOR KIDS OF ALL ABILITIES TO LEARN THE SKILLS AND PLAY AUSTRALIA'S FAVOURITE SPORT.

Play Junior Cricket Blast with the Goulburn District Junior Cricket Club this season Register online at playcricket.com.au/junior/cricketblast-juniorblasters enter your postcode and your on your way.

Junior Blast Cricket will be played at Prell Oval Goulburn Friday Nights from 5pm till 6pm as of the 2nd of November 2018 and will run through to the 21st of December 2018.

Your kids will get a Blasters kit that will consist of a Shirt, Bucket Hat, Bat, Ball and more... We will also be running a Free weekly BBQ for all involved.

**JOIN THE FUN AT YOUR LOCAL CENTRE
REGISTER AT PLAYCRICKET.COM.AU**

OFFICIAL KIDS PROGRAM



PARENTS AND TEENS relationships and mental health

Do you have a teenager between 11 and 17 years old?

Help us understand how family relationships influence teen mental health

anxiety



raising teens



behaviour



relationships



mental health



Complete a brief anonymous survey online at:

<https://exp.psy.uq.edu.au/parentingteens/project/mentalhealth>



Chance to WIN \$100 gift voucher





School travel brochures

October 2018

From 2019 students, schools and operators will be directed to digital versions of brochures. These are available online through the links provided below.

Rural and regional school travel:

https://apps.transport.nsw.gov.au/ssts/assets/documents/OPAL022_2-Rural%20and%20Regional-Digital-WCAG.pdf

As with online applications, we would appreciate if you could direct parents and students to the school student transport site for forms and information regarding the scheme at <https://apps.transport.nsw.gov.au/ssts>

To find out more about SSTS, customers can go to apps.transport.nsw.gov.au/ssts

Transport for NSW

18 Lee Street, Chippendale NSW 2008 | PO Box K659, Haymarket NSW 1240

Face Painting Arts and Craft Jumping Castle
Games **LIGHT PARTY** Cafe
Puppet Show **31ST OCTOBER** Fancy Dress
5:00-7:00PM
A Fun Event for the Whole Family
St. Nicholas Church, 17 Kinghorne St, Goulburn



2018/19 Season now under way
Still accepting registrations

For more information go to

www.gmlac.org.au or



At Little Athletics,
MY CHILD is ALWAYS MY RESPONSIBILITY

Meets take place at Hudson Park,
Hurrell Street, Bradfordville on
Thursday afternoons commencing
at 4.45pm for a 5.00pm start.
We cater for U6 to U17.

NEW Trial for U6 Children!!!!

On Track is a new approach

On Track addresses the key issues.

- Increase activity time
- Decrease total time
- Increase FUN
- Decrease competition focus
- Increase opportunities for learning

Check out the link from one of the centre's involved in the trial:

<https://www.thecourier.net.au/sport/little-athletes-on-track/>

ADVENTURE
STARTS HERE



\$399
Early Bird
Booking
until 21/12/18



All costs inclusive of GST

tallongi
Senior Institute College
Outdoor Educational
& Retreat Centre

School Holiday Camp

21 - 25 JANUARY 2019

An exciting five-day adventure, enjoying fun activities including self defence, mountain biking, archery, high ropes, flying fox, cooking, art and craft.

Experience the beauty of Tallong's natural environment, spotting wildlife and exploring Barbers Creek. Tallong is situated two hour drive from Sydney and 1.5 hour drive from Canberra.

Boys and girls from all schools are welcome. Ages 7-14

5 Day Package \$480 per child

Book your holiday adventure. Bring your friends!

Email tallong@ssc.nsw.edu.au or call 02 4841 0439

Bookings close 4 January 2019

Package includes accommodation (four nights), all meals and equipment. Bus transport to and from Sydney is available. Day-only stays and short-stay options are available.

ssc.nsw.edu.au/tallong

137 Old Wingello Road Tallong



Australian Air League



NSW GIRLS GROUP Established 1944

**NEW SQUADRONS STARTING IN YOUR AREA
RECRUITING NOW**

Get in on the ground floor for...

- Excitement and Fun • Achievement and Recognition
- Friendship and Team Spirit • Plenty of Challenge

FREE TO JOIN WITH ACTIVE KIDS \$100 VOUCHER



FOR GIRLS AGED 8 TO 18 YEARS

- Free to join with Active Kids \$100 Voucher
- Meet new friends
- Have lots of fun
- Develop your confidence and self esteem
- Train to be a Junior Leader
- Be part of a team
- Take part in sporting, flying and camping activities
- Get involved in your Community
- Interstate competition trips
- Theory & practical classes in aviation, general interest and life skills
- Recognition for all achievements

ADULTS 18 YEARS & OVER

- All prospective members 3 week trial period at no charge
- Distinctive Leaders uniform
- Join a friendly Parent Support Group
- Full training program to become a Leader (Ladies)
- Become a volunteer Instructor/Supervisor
- Social family events
- Savings plan for camps and excursions
- Regular information updates in newsletters
- Annual Awards Ceremony
- All volunteers are NSW Working with Children Check compliant

If you'd like to learn more, visit an operational Squadron or call us today!



FOR MORE INFORMATION PLEASE CONTACT

Mrs Robyn McKenzie: 0409 391 084 Email: gexc.nswegg@airleague.com.au

Girls Squadrons also located at Albion Park, Beverly Hills, Blacktown, Doyalson, Mudgee, Penrith, Southern Highlands

www.airleague.com.au

Facebook: [aal.nsw.girls](https://www.facebook.com/aal.nsw.girls)

Pack your child a
HEALTHY LUNCH BOX

Choose a variety of foods from each food group

Fruit	Vegetables	Dairy	Wholegrains	Lean meat & alternatives

= A Healthy Lunch Box

- USE A THERMOS TO KEEP FOOD WARM**
- PACK ICE BRICKS TO KEEP FOOD COOL**
- MAKE WATER YOUR DRINK**



Summer Bodies
Are Made
in The Winter.
Don't Wish For It....
Work For It!



Tuesday @ 6pm - Fit30Burn
Thursday @ 6pm - Fit30Power
FIRST SESSION FREE



Goulburn East Public School Hall
enter through May Street gate
Ange - 0434 677 521

She is **BEAUTIFUL** She is **STRONG** She is **FIERCE**

