



# GOULBURN EAST PUBLIC SCHOOL NEWSLETTER

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Respect

Responsibility

Resilience

Term 3

10 September 2020

Week 8

'Be kind whenever possible. It is always possible.' Dalai Lama

Our PBL (Positive Behaviour for Learning) focus in our final weeks of term is **Being Kind** in what we do and what we say. In the last few weeks we have found that often students are not speaking kindly and respectfully to each other. They sometimes think they're being funny - but they're not. They think that putdowns are part of being with their friends - but they're not. They think that playing roughly with others is OK - but it's not. To support this focus, our PBL class lessons are about **kindness**, our Peer Support program is focusing on Anti-Bullying and today we held our R U OK Day.

1/2F came up with some great ideas about how they could be kind to others. Well done 1/2F!

Smile and say 'hi', 'hello' or 'good morning'

Help someone who is upset or hurt

Help a teacher

Include others

Welcome new people

Help with a game or work

Compliment others

We have quite a lot happening in our playground at the moment. Our multi-purpose court is now finished with the official opening being planned for Week 10. The giant chess pieces and checkers, which are currently outside my office, will soon have an outdoor chessboard to play on and the long-planned garden next to the court now has a path running through it, thanks to Fred McClelland Constructions. We are also looking forward to Gardening Club starting up again soon. Now let's hope for some more of that beautiful spring weather!

Have a good week

Charmian Cribb

## Peer Support

This week in Peer Support, students will look at some reasons why bullying occurs and what sort of activities could be undertaken instead. Bullying behaviour is often the result of anger, loneliness, boredom or the desire for fun or attention. It is also linked to a lack of empathy by those doing the bullying. By students encouraging one another to engage in more favourable interactions, we will foster a positive school environment.



## TERM 3 WEEK 7 ASSEMBLY AWARD RECIPIENTS

**K/1J**

Evan Thorne  
Molly Mammone  
Thomas Martin  
Wyatt Carlyon

**1/2F**

Teddy Sargent  
Stuart Campbell  
Violet Gray  
Riley Woodberry

**1/2P**

Sofia Zecevic  
Taylor Vaughan  
Georgia Kiss  
Cerise Gabelle

**3/4M**

Archer Miller  
Brenden Bourke  
Izaak Thomas  
Ella Smith  
Ella Kiss  
Lylah Piovesan

**3/4S**

Charlie Moss  
Brooke Langlands  
Rovic Vicente  
Charlie Croker  
Noah Canty  
Summer Wilson

**5/6G**

Hannah Sargent  
Isobel Eley  
Isabel Venables  
Sam Jones  
Sierra Bridge  
Jake Pride

**5/6R**

Lily Blowes  
Bow Barton

Harry Humphries  
Maddison Smith

Callan Bilboe  
Fletcher Swan





# *Our new multi-purpose court*





# Indigenous Literacy Day

On Wednesday 2<sup>nd</sup> September we celebrated Indigenous Literacy Day. We were treated to a live-stream event hosted by the Sydney Opera House which included a catchy alphabet song rapped by Indigenous author Gregg Dreise while he played his Digeridoo. Jessica Mauboy also performed 'My Island Home'.

Students brought in a gold coin donation, with money raised going towards the Indigenous Literacy Foundation. Together we raised a total of \$222 which will see books purchased for students in rural and remote Australia.

Thank you everyone for your support of this wonderful day.



## 100 Days in K/1J

On Friday, students in K/1J celebrated 100 days together. It's been a big year and due to working from home it was celebrated a little later than usual, however it was celebrated nonetheless! The day was filled with activities celebrating the milestone; from making towers out of 100 cups, to contemplating eating 100 things (burgers and chocolates were a favourite), to making wonderful 100 day hats. Great fun was had by all. Well done K/1J!





1/2F read a beautifully illustrated book called 'The Hidden Forest' by Jeanie Baker. We then found out some very interesting facts about kelp forests and created our own sea kelp artworks.

Some kelp feels like velvet. – **Flynn**

Sea kelp grows 30cm per day. – **Teddy**

There are many types of sea kelp. – **Eliza-Rose**

Most kelp forests in the world have died. - **Lexie**

Sea kelp is the fastest growing plant in the whole world. – **Stuart**

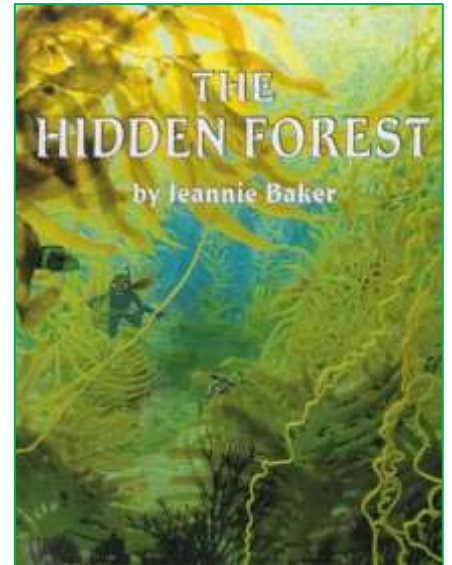
Sea creatures need kelp forests for homes and nurseries. – **Jaxon**

When giant sea kelp is all together, it is called a kelp forest. - **Clare**

Sea kelp grows faster than trees and it can reduce global warming. - **Lawson**

Kelp forests are dying because of global warming, which makes the water warm up. - **Sophie**

People have been trying to save the kelp forests by planting farms and pumping cold water from the deep ocean. – **Claire**





## 5/6R News

It has been a busy week in our room. Most of 5/6R learnt that maths can be fun by solving four addition and subtraction puzzles during their escape room challenge last week.

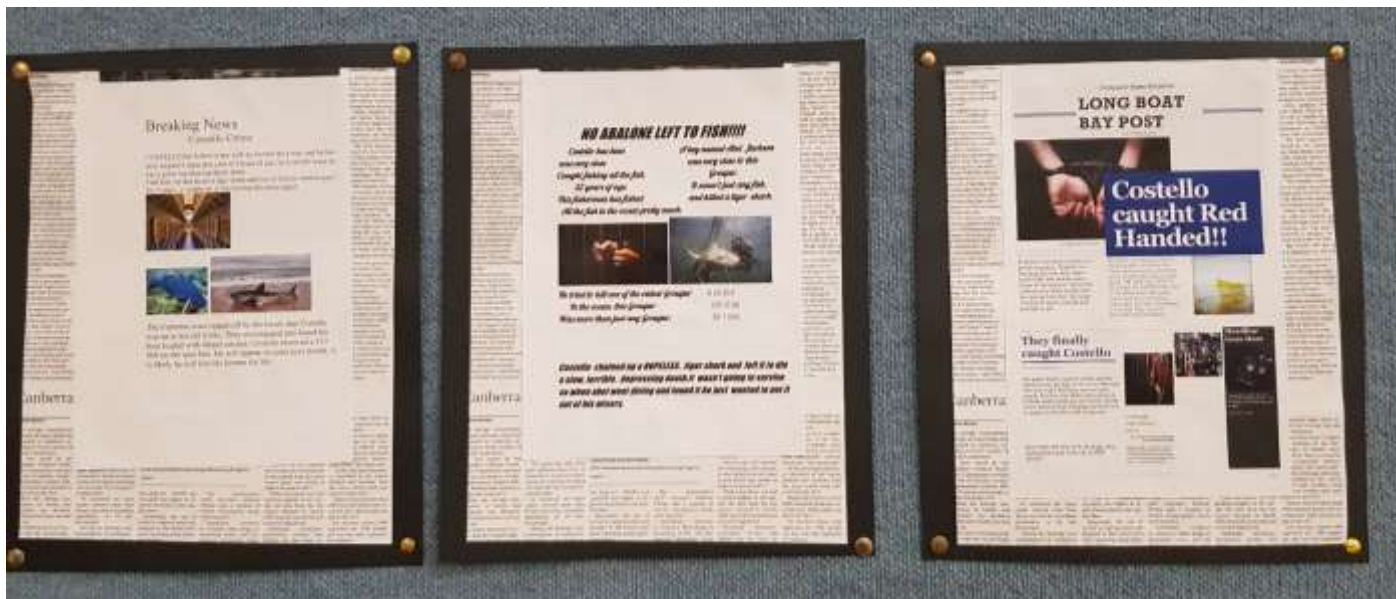


We have also been studying the works of Sidney Nolan's Ned Kelly series. Each student selected one of the series they wanted to reproduce. Sidney Nolan always used the Australian landscape as the background in his paintings which we also used as our first step. Once these backgrounds were dry, students added the scene. All paintings featured Ned Kelly in various ways - Ned behind a tree; looking in through a window; a court scene; or riding away. If that wasn't enough, students also created some amazing Ben Hall portraits. Firstly the students had to rough up the paper by rubbing it on the concrete, then apply a coffee stain wash. The students completed their artwork with wax crayons and pencils.

All their artwork is unique and I am very proud of their efforts, it was a pleasure to be a part of it all.



During 5/6 Literacy, we finished reading Tim Winton's beautiful book, Blueback, and students were asked to create a newspaper report summarising the story using key events. You can tell by the pictures they have done a very impressive job.



## Dance2bFit Program

All students are loving dance on a Friday with Sam. Every Friday during their 30 minute lesson they learn a new dance.





## *Interschool Online Chess Tournament*

The chess tournament this year was a much different affair compared to previous years. This year Goulburn East participated in an Interschool Online Chess Tournament. It was held onsite in Mr Manning's classroom. In our tournament we played against five other schools in the Illawarra region with a total of 56 participants. 15 students represented Goulburn East. They were: Jake Pride, Sam Jones, Harry Humphries, Hannah Garner, Sean Joyce, Brodie Scholfield, Rhylan Basford, Oscar Moss, Alex Harmer, Will Canty, Callen Bilboe, Will Fitzgibbon, Hayden Bilboe, Fletcher Swan and Joe Stewart-Richardson.

Each player had to play six games. Based on these results schools and individuals were ranked against each other. Once again Goulburn East delivered some fantastic results! We finished the tournament in 2<sup>nd</sup> place by one point! Individually we had a number of students do extremely well. Fletcher Swan came in 5<sup>th</sup> place overall, Joe Stewart-Richardson came 4<sup>th</sup> and coming in at 2<sup>nd</sup> place overall was Hayden Bilboe! A wonderful effort to all our chess players. You all did very well with a different format.



# REJECT RACISM

My name is Mrs Amy Frazer and I am Goulburn East Public School's  
**Anti-Racism Contact Officer (ARCO)**

If you need to contact me please email [amy.frazer3@det.nsw.edu.au](mailto:amy.frazer3@det.nsw.edu.au) or  
phone the school office on 4821 4007 to make an appointment.





# Online Enrolment Project

NSW Department of Education are excited to announce that they are rolling out the new Online Enrolment System from **Monday 14 September 2020**.

The Online Enrolment System is designed to provide flexibility for our parents to submit an enrolment application online. The application can be accessed on all browsers and mobile devices including iOS and Android.

The online application process is currently restricted to:



- Enrolments into **local** schools only
- Children who are Australian citizens, New Zealand citizens or permanent residents
- Children who live in NSW.

We offer our support and encourage you to complete your application to enrol online. If, however, you do not feel comfortable completing an application online, a paper copy will be available for collection from the front office or can be downloaded from the Department's [going to a public school site](#).

Further information about online enrolment can be found on our website [here](#).

## ENROLMENTS FOR KINDERGARTEN 2021

Kindergarten enrolments are now being taken for children who live in the Goulburn East zone and will turn 5 years old before 31<sup>st</sup> July 2021. Enrolment forms are available from the office, or you could try the new online enrolment system as above.

To finalise your child's enrolment you will need to bring along:

- A completed enrolment form
- Your child's birth certificate
- Your child's immunization certificate (available from Medicare)
- Proof of address eg electricity bill, rental agreement etc



Please bring along the original documents - these will be photocopied for inclusion in your child's record card.

**Kindergarten orientation days are planned for term 4 but may change due to COVID-19**

Session 1: Wednesday 28 October 2020 from 12:15pm to 1:45pm

Session 2: Wednesday 4 November 2020 from 12:15pm to 1:45pm

Session 3: Wednesday 11 November 2020 from 12:15pm to 3:00pm



This is Toby, he will be starting Kindergarten at Goulburn East Public School next year.

Toby has started his COVID Kindy Orientation by walking to school and saying a quick hello over the fence.

Toby is very excited to start school next year with some of his friends.

## ADMINISTERING MEDICINES AT SCHOOL

Any student requiring medication at school will need to have a ***Request for the Administration of a Prescribed Medicine*** form filled out by their parent/carer prior to staff administering the prescribed medicine. This form must be completed whether the medication is required for a short time only or on an on-going basis for a long-term condition.

Medicines **MUST** be brought to school sealed in the original packaging/container which clearly shows the prescription which will include:


- The child's name
- The name and strength of the medication
- The prescribed dosage
- How frequently the medicine must be administered and at what time
- Any special storage instructions (such as antibiotics to be refrigerated)
- The name of the doctor who prescribed the medication



**Please note that we DO NOT administer non-prescription medicines such as Panadol, Nurofen or cough medicine.**

If your child requires an Asthma puffer (such as Asmol or Ventolin) you will also need to provide a spacer to the school for your child's personal use. **Also, please ensure that your child's doctor completes an Asthma Management Plan, even if your child's asthma is only occasional.** This plan assists us to effectively care for your child during asthmatic episodes.






# Keep our children safe

## Important signs around schools


**No Parking**  
You can stop in a No Parking zone for a maximum of 2 minutes to drop off or pick up passengers. You must stay within 3 metres of your vehicle at all times.  
Penalty exceeds \$183 + 2 Demerit Points



**No Stopping**  
Don't stop on a length of road where there is a No Stopping sign. (Exemptions for medical emergencies, vehicle breakdown and road obstructions ahead).  
Penalty exceeds \$330 + 2 Demerit Points



**Bus Zone**  
Don't stop or park in a Bus Zone unless you're driving a public bus.  
Penalty exceeds \$330 + 2 Demerit Points





# Certificate I in Retail Services

Are you keen to work in the retail industry and to develop your employability skills and stand out to employers? Certificate I in Retail Services is being offered at Goulburn Campus in term 4.

We have two fully-government subsidised courses for eligible students, meaning you will not have to pay any course fees. It is part of a program to help people develop skills needed to get a job, undertake entry level qualifications or transition to a new job.

**Course 1** - Attendance Tuesday, Wednesday & Thursday

Start date: 20/10/20 – 5/11/20

**TAFE NSW LINK** (link to enrol and further information)

**Course 2** - Attendance Tuesday, Wednesday & Thursday

Start date: 17/11/20 – 3/12/20

**TAFE NSW LINK** (link to enrol and further information)

If you have any questions please contact the Customer Contact Centre on 131 601.



## Nutrition Snippet

### FOOD WASTE.

Aussies throw away over \$2 billion of fresh food every year!



Time to get food smart and start reducing your food waste.

Why not throw your mushy tomatoes into a pasta sauce, your floppy zucchini into a fritter and soft carrots into fried rice.

For these recipes and more visit:

**healthylunchbox.com.au**



**Cancer Council**  
Healthy Lunch Box

# Go4Fun

Healthy • Active • Happy • Kids

# ONLINE



# FREE

## Fun program for kids to become fitter, healthier and happier

**Help your 7–13 year old child get healthy, active and happy with Go4Fun® Online.**

Go4Fun® Online is a free 10 week healthy lifestyle program for children aged 7–13 years who are above a healthy weight, and their families.

Registrations are now open.

Call to find out more about the program, or visit our website.



**TO REGISTER: VISIT**  
**[www.go4funonline.com.au](http://www.go4funonline.com.au)**

SMS 0427 218 523 for a call back

FREE CALL 1800 780 900

[www.facebook.com/go4funprogram/](https://www.facebook.com/go4funprogram/)

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