

GOULBURN EAST PUBLIC SCHOOL NEWSLETTER

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Responsibility Resilience 23 November 2023

Week 7



Term 4

TERM 4 DATES

Friday 1 December Mini Fete

Monday 4 December K-2 Movie and Victoria Park Day

Tuesday 5 December

GCOPS Choir only - singing at the International Day of People with a Disability

Wednesday 6 December

Presentation Night Rehearsal @ the Workers Club

Presentation night @ the Workers Club at 6.00pm

Wednesday 13 December

Primary Play - Year 3 to 6 in the school hall 6.00pm to 7.00pm

Friday 15 December

Last day for students

School Development Days and student start dates for 2024

Monday 29 January School holiday

Tuesday 30 January

School Development Day

Wednesday 31 January

School Development Day

Thursday 1 February

Students in Years 1 to 6 return for Term 1

Friday 2 February

2024 Kindergarten students start school

Value of the Week

The value of the week for Week 5 was resilience and for students not to give up.

The value of the week for Week 6 was in line with World Kindness Week and the aim was for students to be responsible for making Goulburn East a kind place.





Why attendance matters

When your child misses school they miss important opportunities to...



Learn





Make friends

Build skills through fun

At this time of year, it feels a little like the 'changing of the guard' as we finish one school year and prepare for the next. Next week our Year 6 students who are heading to Goulburn High or Mulwaree High in 2024 will attend their final transition day and our Year 5 students who aspire to be a 2024 school captain or vice-captain will deliver their speeches to the school. At the other end of the school, we have just completed our Kindergarten Orientation sessions. These are always a special opportunity to get to know and welcome our newest young people and their families.

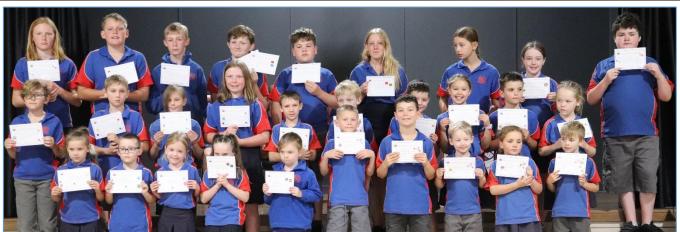
We have so many wonderful events still ahead this term but, as I remind students at school, kind and respectful behaviour is always expected in the classroom and playground. In the coming weeks, we have the fun of the mini-fete, movies for K-2, Presentation Evening, Year 6 graduation and a very special drama performance created jointly by primary students and staff. The GCOPS Choir has also been asked to sing at the opening celebrations of the International Day of People with a Disability at the Veolia Arena. And after all of that – Christmas – and a rest!

Our final newsletter will be out in Week 10 along with Semester Two student reports.

Best wishes Charmian Cribb

TERM 4 WEEK 7 ASSEMBLY AWARD RECIPIENTS							
KP	Mashyia Peterson Watts	1M	Harry McIntosh	28	Liam Devlin		
	Lewis Holt		Lachlan Reece		Violet Harmer		
	Kensi Frey		Zali Bridge		Blaine Carlyon		
	Jordan Eddy		Cooper Dunn		Kye Finnie		
3/4T	Quinn Ross	5/6P	Max Mammone	5/6M	Teddy Sargent		
	Mackenzie Price		Charlie Peterson		Ethan Pride		
	Sophie-Anne Sargent		Liam Prazmowski		Charlotte Garner		
	Wyatt Carlyon		Jayk Cunningham		Lexie Price		

Mrs Robinson	Ms Charnley	Mrs Anderson	
Dakota Chandler	Quinn Ash	Claire Martin	
Tayah Nowak	Maksim Zecevic	Isla Kennedy	
Liam Prazmowski			
Zahra-Trinity Carlyon			



Stage 3 Camp

Monday 6 November, saw Stage 3 head to Camp Wombaroo. It was a short trip down the highway, which was fantastic as it meant we were able to get straight into many activities. We went on bushwalks and saw Aboriginal History, where they would make weapons, and saw the carvings in the rocks. Students had a go at orienteering, archery, vertical climbing, raft building, environmental studies, and team-building activities and everyone's favourite was the giant swing. The giant swing saw Mr Manning, Mrs Robinson and I get dropped from great heights. By Wednesday, all students were worn out and sad to head back to school. Mrs Martin























OUESTACON EXCURSION

Students from classes 2S and 3/4T embarked on an exciting educational journey to Questacon, the National Science and Technology Centre. Throughout the day, our students showcased exemplary behaviour, embodying the spirit and values of our school with pride and enthusiasm.

A highlight of the trip was the "Free Fall" exhibit, where many students bravely conquered their fears. This thrilling experience involved hanging from a bar and then dropping down a two-storey vertical slide, simulating the sensation of weightlessness. The courage and excitement displayed by our students were truly commendable.

Another engaging activity was "The Evolution Show," an interactive presentation about DNA and the evolution of life on Earth. Our students were not just spectators but active participants, eagerly engaging with the content and expanding their understanding of science in a fun and interactive way.

The day was also filled with visits to Questacon's classic attractions, including the Earthquake simulator and lightning machines. These experiences provided hands-on learning opportunities, allowing students to explore scientific concepts in a tangible and memorable manner.

Overall, the trip to Questacon was not only a fun day out but an invaluable educational experience, reinforcing classroom learning through interactive and immersive exhibits. We are incredibly proud of how our students represented our school and embraced the world of science with open minds and hearts. Mr Taylor













League Tag Gala Day

On Tuesday 14 November, K-2 headed down to Carr Confoy for the NRL League Tag Gala Day. We had an absolutely fabulous day learning new skills and playing games against Ss Peter and Paul's. Thank you to our generous parent helpers who came along and made the day possible. Mrs Meindl

















Robotics

Collaboration between classes 5/6M and 1M brought an exciting opportunity to delve into the realms of coding and robotics. Paired with their counterparts from 5/6M, students from 1M embarked on a joint learning adventure, guided by the 5/6M students to tackle various challenges using coding tiles for their robots. The use of these tiles served as a foundational step in understanding the principles of coding, as students deciphered different movements through them. The collaborative experience was both enjoyable and educational, as all students had a great time acquiring new skills and working together seamlessly.









Before School Club















Year 6 Mini Fete

Friday 1 December 2023

12:00pm - 2:00pm

Loom Bands

Slip & Slide

Bean Bag Toss

Haunted Candy Land

Scavenger Hunt

Hair spray

Sock wrestling

sponge throwing

Ultimate tag

Minute to win it

Food and drinks

Super Mario Kart

Tickets should be pre-ordered on School Bytes

5 tickets for \$5

10 tickets for \$10

20 tickets for \$15

30 tickets for \$20

Tickets will be handed out on the morning of the mini-fete.

Additional tickets may also be available on the day.

This event is for students only.







GIRLS & WOMEN 10 YEARS +

NO EXPERIENCE REQUIRED

Goulburn Rugby Union is partnering with Brumbies Rugby to facilitate a two day 'Girls in Rugby' clinic. Participants will be guided by accredited coaches to build skills and friendships, while immersing in rugby culture. by guest NRLW & SUPER W players.

INGLUDGS: LUNCH, REFRESHMENTS, TRAINING SHIRT & PATHWAYS PACKAGE













Find more ideas at <u>www.swapit.net.au</u>

REGISTER YOUR INTREST HERE /

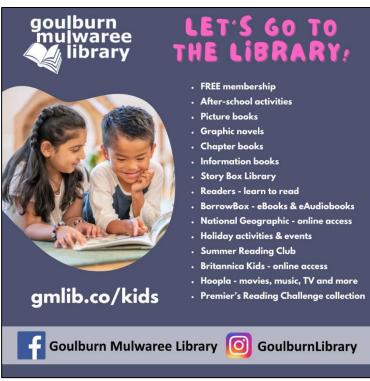
Freeze food for fresh summer **Innchboxes**

Summer is just around the corner. Save time in the mornings by making food ahead of time and storing it in the freezer!

Try these ideas:

- Sandwiches with reduced fat cheese, vegemite or roast meat are great for freezing. Put the frozen sandwich straight into the lunchbox, not only will it defrost by lunchtime, it will keep the lunchbox cool.
- Make a batch of everyday snacks on the weekend and freeze. Try <u>banana pikelets</u> or <u>zucchini slice</u>!
 - Keep yoghurt cooler for longer by adding frozen berries.
- Cut an orange into quarters and freeze for a delicious cold







GO4FUN HEALTHY ACTIVE HAPPY KIDS



Are your kids between 7-13 years old?

Sign up now for Go4Fun – a FREE, fun program to help kids become fitter, healthier and happier!

Go4Fun improves health, fitness, self-esteem and confidence in children who are above a healthy weight.

Go4Fun runs for 10 weeks over the school term for children their families. Sessions include games, activities, tips on healthy food, label reading, portion sizes and much more!

Our Term 1, 2024 Go4Fun program will run Thursdays 4-6pm at Goulburn High School

Sign up now or find out more at www.go4fun.com.au or call 1800 780 900.





Parent App

Available now!

Download on the App Store or Google Play by clicking the image below.



Key Features

- Get real time push notifications from your school
- Stay signed in and save your card for secure payments for fees and excursions
- Give consent, sign forms and respond to attendance alerts
- View the school calendar and news

