

GOULBURN EAST PUBLIC SCHOOL NEWSLETTER

Ph: 02 4821 4007 Email: goulburne-p.school@det.nsw.edu.au GOULAURN EAST PUBLIC SCHOOL

Respect

Responsibility

29 June 2023

Term 2

Resilience Week 10

TERM 2 DATES

Friday 30 June Mufti Day Last day of Term 2

Tuesday 18 July Students return for Term 3

Wednesday 2 August GCOPS Concert

Goulburn East Outreach Playgroup

Playgroup is held in the school hall every Thursday morning from 9:30am to 11:00am. Please phone the Goulburn Regional Art Gallery for further information on 4823 4494

MUFTI DAY

Our theme for the day is 'All things sporty'

To celebrate a fantastic semester of sports achievements, Goulburn East will be having a casual clothes day on Friday 30 June.

So, bring out your favourite jersey or wear your favourite colours!

(NO gold coin donation required)

Congratulations to all students for another fantastic term at East. Our motto is *Success Through Participation*, and we have certainly demonstrated this many times over. Well done to those students who have tried something new this term or done something that has taken you out of your comfort zone in the classroom, onto a stage or running out onto a sporting field. One such example is the group of students who will be performing at the GPAC on Wednesday 19 July with Opera Australia. Talk about an exciting but unknown adventure!!

We start next term with the GCOPS Concerts, an annual opportunity to showcase the musical talents of our students and staff. Goulburn East will be performing on Wednesday evening, 2 August with the show starting at 7pm in the Goulburn Workers Club auditorium. 2S will be dancing as well as the primary choir and the senior primary dance group. Tickets will be available for purchase through the school early next term.

We are expecting to have some extensive work completed in the school administration block shortly. This may happen during the holidays or at the beginning of Term 3.

Many thanks for supporting the P&C's fundraising projects this term. Please remember that the P&C meets twice a term and all our parents are welcome to attend. We are currently holding these meetings by Zoom.

Much is ahead in Term 3 and Term 4. My goal is for all children to be involved in our planned activities, performances and excursions. Student assistance is always available and any discussions are confidential so please contact me if I can help.

We say farewell tomorrow to Jacob C in 3/4T and Aaron and Aaria. Our dearest Goulburn East wishes go with you and your families!

Have a terrific winter break and I look forward to seeing everyone back ready for a great new term!

Charmian Cribb

TERM 2 WEEK 8 ASSEMBLY AWARD RECIPIENTS							
КР	Zahra Carlyon	1 M	Izaya Brice	2S	Jacob Robinson		
	Lola Reece		Evie Croker		Noah Vuniqai		
	Avery Sargent		Harper Evans		Ira McDonald		
	Aaria Gupta		Harry McIntosh		Ellie Chamberlain		
3/4T	Molly Fletcher	5/6P	Noah Canty	5/6M	Sophie Barton		
	Jacob Crawford		Ashton Sams		Claire Martin		
	Ethan Wilson		Willow McCullen		Jack Curry		
	Evan Thorne		Ella Jones		Seth Trevanion		
	Adelaide Sturgiss						

Mrs Robinson	Ms Charnley	Mrs Anderson	
Ava Polzin	Thomas Martin	Lucy Taylor	
Billy Shawyer	Lucas Wilson	Quinn Ross	
Ana Jones			





All classes will be participating in the SWAP IT program next term!

Keep an eye out for the parent booklet that will be sent home in Week 1 next term.

For more information, visit the SWAP IT website https://www.swapit.net.au/resources/parentresources/ A healthy lunchbox is made up of everyday foods:





Hockey News

It was a chilly morning at the Goulburn hockey fields, but we pushed through the deadly temperatures. Our goalie Ana had never stepped on a hockey field and never touched a hockey stick. Let alone been a goalkeeper, but she jumped into the opportunity with pride to represent Goulburn East. Ana did not give up and saved every single shot at goal. The final score was 3-0 our way. Lucy scored 2 cracking goals and Lexie with the winning goal. Mrs Robinson was on the edge of her seat waiting for the buzzer to go off. As soon as the buzzer went off, everyone was very excited, we all worked together as a team to push through and get to the next round.

Wish us luck for the next round and a special thanks to our amazing coach, Mrs Robinson.

Layla McIntosh

Premier's Public Speaking Competition

On Wednesday 21st June, Lucy and Tayah represented Goulburn East Public School at the Premier's Public Speaking Competition at Bungendore Public School. The girls both presented a prepared speech on multiculturalism with the topic "Identity, it's complicated!". After their prepared speech, they were then given a topic for an impromptu speech. The topic the girls were given was "Luck". Congratulations both Lucy and Tayah, you did an amazing job and should be very proud of your efforts. Mrs Martin



3/4T explored reconciliation week through art and poetry.

Reconciliation Week is a time for us to reflect on the past, acknowledge the mistakes that were made, and work towards building a harmonious future. In 3/4T, students engaged in a thought-provoking activity centred around a powerful poem called "I Am Sorry" by Stephanie Mulrooney. The poem, dedicated to all First Nations Australians, stirred deep emotions and sparked meaningful discussions.

Through the poem, students delved into the significance of its words, uncovering layers of meaning. They contemplated the concept of censoring, exploring why it is important to bring untold stories to light and confront the shocking truths of our history. This led to discussions on empathy and the ongoing struggles and injustices faced by First Nations Australians. The students recognised the need for understanding and empathy in fostering reconciliation, rather than brushing off the past with indifference.

During their exploration of reconciliation, the students also examined Aboriginal X-Ray art. This unique art form provided a visual representation of individual interests, desires, and histories. Inspired by the technique, the students created their own versions of Kangaroo x-ray art. Each Kangaroo bore patterns that symbolised their personal journeys and connections to reconciliation.

On the 15th of June, these passionate and engaged students performed the poem at our school assembly. Their heartfelt delivery left a lasting impact on everyone present, conveying the importance of acknowledging the past and striving for a united future.





1M Persuasive Writing

Earlier this term, the students of 1M undertook a project aimed at assessing the amount of rubbish generated by our school on a weekly basis. We diligently collected rubbish from every classroom, meticulously sorting, counting, and documenting the findings. This endeavour sparked a strong passion within us to contribute towards environmental preservation. Utilising this newfound drive, we channelled our experience into a literacy assignment, wherein each student in 1M composed a persuasive letter addressed to Mrs Cribb, urging her to transform our school into a "rubbish-free" zone. Here are two (of many) sensational pieces of writing completed by students. Mrs Meindl

No stinky school

Mrs Cribb please no rubbish at our school I hope you agree.

Please help the environment because rubbish is TERRIBLE it kills the environment.

Also when rubbish goes under the ground then the trees can't grow. No trees = no air.

Rubbish stinks do you want to have a sticky school? I hope you don't want a sticky school because I definitely don't!

Mrs Cribb surely you agree now. If you agree we will save the environment and not be the stinky school.

From Levi Ash

Rubbish should be banned from school

Dear Mrs Cribb, I think that rubbish should be banned from school. I mean do you want a school filled with rubbish?

Rubbish is really terrible because it stinks. Do you really want a stinky school?

Rubbish is terrible for the environment. Plants and animals can choke on plastic and die.

Have you ever seen a rubbish tip? If we keep bringing our rubbish to school our school will look like a rubbish tip!

I think you should know by now that we should make this school rubbish FREE.

From Zali Bridge.

School Representative Council (SRC)

Last Friday the SRC put on a café to raise money for our table tennis table. We were overwhelmed by the how much we raised and well supported we were. We raised \$400.

The café was held in Mr Taylor's room and we decorated it with posters and streamers. The tables were laid with paper so customers could draw on it while they waited for their food and milo. The SRC loved the enjoyment of handing out the food and milo.

The customers were very well behaved and the food and milo brought joy to the customers especially on such a cold day.

As a waitress it was very hard when there were just two people serving and washing up. It got very hectic. We did enjoy watching people draw lovely pictures.

The SRC would like to thank everyone for their help and participation.

Thank you.

By Jean Graham (SRC Secretary)

Athletics Carnival

What a successful day we had last week at our athletics carnival.

We had our brand new school tent (with thanks to the Miller family). We also trialled giving out the majority of the ribbons on the day and tried to take a picture of the place getters. Mrs Woolley was fantastic on the microphone announcing winners and congratulating them!

The teachers and staff were very impressed with all the students who ran and jumped their little hearts out. There were some fantastic results! Highlights of the day were the 80m infants' races (so cute), 100m finals (so fast) and the House War Cries (SO LOUD!) Well done to everyone on the day. Mr Manning









ENROLMENTS FOR KINDERGARTEN 2024

Kindergarten enrolments are now being taken for children who live in the Goulburn East zone and will turn 5 years old before 31 July 2024.

Enrolments can be done **online** through the school website at the following link:

https://goulburne-p.schools.nsw.gov.au/ Click on the 'Enrolment' tab to get started.

Please note that original documents will need to be sighted at the office, and 100 points of proof of address documents must be provided in accordance with the Residential Address Checklist which is available from the school office.

To finalise your child's enrolment you will need to bring along:

- Your child's birth certificate
- Your child's immunization certificate (available from Medicare)
- Proof of address documents

Kindergarten orientation days will be held in Term 4. More information on the orientation days will be provided at a later date.

THE LIEDER THEATRE'S ANTIGONE PROJECT

AN IMMERSIVE THEATRE AND MUSIC WORKSHOP FOR YEARS 7-12

> **JULY 2-9** AT HUME CONSERVATORIUM





South Goulburn School Vacation Care

ASPIRE OSHC are holding holiday activities from 3 July to 14 July 2023

There are a wide variety of Incursions and Excursions available including:

Rainbow Faces, Pyjama and movie day, Cupcake decorating competition, Day of Science, Lilac City Cinema and many more.

If you would like more information, please contact Karla Thomas on 0456 814 711 or email goulburnnps@aspire-oshc.com.au

Incursion/Excursion fees per day

Centre Day \$65.00 Incursion \$75.00 Excursion \$85.00





Free family fun with the Parliament of NSW

MONDAY-FRIDAY 3-7 JULY 2023 ONLINE

PROGRAMS FOR CHILDREN UP TO 12 YEARS

Come!

Mirri Mirri cultural education session Monday 3 July, 1-2 pm Wednesday 5 July, 1-2 pm

Virtual guided visit of the Parliament of NSW Tuesday 4 July, 9-10 am Thursday 6 July, 9-10 am

Storytelling session Friday 7 July, 9-10 am

Storytelling and drawing activity

Visit Australia's oldest Parliament via ZOOM this school holiday for **free** fun educational, activities for children and families.

We have 5 days of fun events planned including storytelling, Aboriginal cultural session and a virtual guided visit through the newly refurbished chambers.





BOOKINGS ESSENTIAL P: (02) 9230 2047 E: communityengagement@parliament.nsw.gov.au

WHERE ONLINE

MORE INFORMATION parliament.nsw.gov.au/events

Nutrition Snippet

SUPER SOUPS

With the colder weather upon us, soups are an ideal way to eat more vegies!



Our hearty soups are perfect for lunch - just pack in a thermos to warm up tummies at school on a cold day. Give these recipes a try:

- <u>Vegie pasta soup</u>
- Red lentil soup

<u>healthylunchbox.com.au</u>



Nutrition Snippet 5 TIPS TO REDUCE YOUR GROCERY BILL



Buy fruit and veg that is in season
Buy staple ingredients in bulk
Go frozen
Create a meal plan and shopping list

Check out our <u>blog</u> to find out more on how you can take the pressure off your wallet and still fill the trolley with healthy food!

5. Reduce the amount of meat in your meals

<u>healthylunchbox.com.au</u>

