



GOULBURN EAST PUBLIC SCHOOL NEWSLETTER

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Respect

Term 3

Responsibility

10 August 2023

Resilience

Week 4

TERM 3 DATES

Wednesday 23 August

Book Week Parade @ 10.00am

Goulburn East Outreach Playgroup

Playgroup is held in the
school hall every Thursday
morning from 9:30am to
11:00am.

Please phone the Goulburn
Regional Art Gallery for further
information
on 4823 4494

We are now using School Bytes!

Please join the
School Bytes Parent
Portal to avoid
missing out on notes
and information.



School Bytes

Congratulations!

Congratulations to our GCOPS (Goulburn Community of Public Schools) performers last Wednesday night. Although I work every day (and night) with all schools, I am very proud when Goulburn East arrive for their rehearsal during the day and their performance at night. Their positive and enthusiastic attitude shone through, even when they needed to wait longer than expected, a microphone didn't work, or a cue was missed! True performers – the show goes on! As always, I thank our families for your support and the staff for their hard work.

Charmian Cribb

Save the date!

Wednesday 23 August

Book Character Parade
and Open classrooms

Parade starts at 10.00am followed by
classroom visits.



GCOPS Concerts







We had a jam packed day full of FUN, which included reading 100 day stories, counting, cutting, glittering, making, building, exercising for 100 seconds (longer than we thought) and getting 100 autographs. Thank you parents for all your support as Kindergarten settle into 'big school'. They are well and truly part of the Goulburn East family.





national tree day

For national tree day the Mayor of Goulburn, Mr Peter Walker and the Deputy Mayor, Mr Steven Ruddell came to our school and helped the students of 1M plant a native tree in our playground.



As part of the Drawing Us Together Project, local primary schools and Charter Hall Centres partnered together to celebrate the history, culture and achievements of Aboriginal and Torres Strait Islanders across the community. This year's story was called Gami Winda and Dyindi by Bianca F. Stawiarski. The theme of the novel was about our Elders and how a young girl talks to a Grandmother-Tree where she learns about the importance of our ways of being, knowing and doing, including decolonised ways of healing that involve connection, community, Ancestors and spirit. The students in Stage 3 organised the Art Group, and it was open to those who were interested in illustrating an image for the book during break time. Eight of the artworks were selected to represent Goulburn East where the public were able to vote on their favourites. This year, we were lucky enough to be selected for the cover, along with two pages of the book. Congratulations to Clare Edwards, Lexie Price and Lucy Taylor, we are all very proud of our latest published illustrators. Mrs Martin



Time to start Fundraising for our GLOWTASTIC DISCO

Let's kick off our fundraising efforts and make our goals a reality 🎉💰

TAKE NOTE! Students have received their sponsorship booklet and can now create their online profile at www.australianfundraising.com.au.

Big prizes are up for grabs! Unlock your first incentive prize simply by raising \$10 online. The more your child raises, the more prizes they will receive.





Stress-free fussy eating ideas

Fussy eating is common, but that still doesn't make it easy.

Does your child dislike foods because of their colour, texture or the way they are prepared?

Don't despair, SWAP IT will help with ideas on how to pack an everyday lunchbox for your fussy eater.



Try the 3:1 lunchbox rule everyday:

- Three items your child likes
- One new everyday item

For more ideas on fussy eating visit

www.swapit.hnehealth.nsw.gov.au/resources/parent-resources/tips/tips-for-fussy-eaters/



Veg-tastic lunchboxes!

Your child doesn't need to wait until dinner to eat their vegetables?

Swapping out sometimes foods for vegetables can help your child reach their daily vegetable needs.

Try:

- Corn on the cob
- Zucchini fritters
- Pumpkin scones



For more veg-tastic lunchbox ideas visit:

www.swapit.hnehealth.nsw.gov.au/resources/parent-resources/tips/tips-to-increase-vegetables/



O|PERA AUSTRALI|A





Disco Fundraiser

Creating your Profile Page

1. Visit australianfundraising.com.au. It is easiest on a desktop computer, but can also be done on a mobile.

2. Click onto School Run 4 Fun Login Logo showing Monty the MonSTAR. If using a mobile device, you may need to scroll down a little to see the Logo.



3. Click Register Button to create a log in. Log ins created from the previous years will now be invalid. A new log in will be required.



6. Create a Goal! Select the incentive prizes you would like to aim for.

Click Create Page.



7. Page Created! Start customising your profile with your avatar, bio and achieving online badges! Don't forget to share your profile with friends and family via email, text message or social media.



4. Complete the Parent or Guardian information to create a log in. Tick and Agree to the My profile Page & Go Fundraise Terms and Conditions. Click Register. This will create a log in for the fundraiser.

Parent/Guardian Registration

SIGN UP WITH FACEBOOK

OR

Signup with email

Parent's First Name:

Parent's Last Name:

Parent's Email Address:

Confirm Parent's Email Address:

Password:

Confirm Password:

☐ I agree to the My Profile Page's Terms & Conditions and Privacy Policy

☐ I agree to GoFundraise Terms and Conditions, Privacy Policy and Data Collection and Privacy

☒ I would like to receive a monthly newsletter

REGISTER

5. Create a profile for your child. When searching for the group name, type at least 4-5 letters

for the group to pop up for selection. Many groups will have with similar names. The suburb/state will be visible to help you choose the correct group. Select your child's class or, if no classes listed, please choose all classes.

Create a profile page for your child

Sample First Name:

Sample Surname:

Australian Fundraising:

IA:

NEXT

Click Next.

8. Create Additional Profile Pages! If you have more than one child, you can create additional pages within the same log in. Click the Green Add Another Child button is using a desktop



Then Click the Change or Add Child Button

9. Require Assistance, Click the Need Help Button!

Or if using a mobile device, Click the 2 horizontal lines top right.



REGISTRATIONS NOW OPEN

SEASON 2023 - 24



REGISTER TODAY AT
lansw.com.au

Scan to find your closest centre

Goulburn Mulwaree Council invites you to the

OFFICIAL OPENING

of the

RIVERSIDE PARK PUMP TRACK

Access off Quiberon Way



11am

SATURDAY 16 SEPT, 2023

Enjoy the opening of Goulburn's very own Pump Track.
Festivities on the day will include a formal ceremony,
colouring competition prize giveaways along with a free
community BBQ provided by the Lions Club of Goulburn.



Jointly funded by the NSW Government and Goulburn Mulwaree Council.