



GOULBURN EAST PUBLIC SCHOOL NEWSLETTER

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Respect

Term 1

Responsibility

4 April 2024

Resilience

Week 10

TERM 1 DATES

Friday 5.4.24

K-2 GPAC excursion
'You are a doughnut!'

Friday 12.4.24

Wear **Red** for our
Smart Pups
Fundraiser

Last day of term 1

TERM 2 DATES

Monday 29 April

Staff Development
Day

Tuesday 30 April

Students return for
Term 2

Thursday 2 May

Cross Country
Years 3 to 6 and year
2 students turning 8
this year.

Stewart House Donation Drive 2024

Remember to return
your Stewart House
envelopes.

For your chance to
win a \$4,000 holiday
travel voucher just
place \$2.00 in the
envelope and return it
to school by Friday
10 May.

Uluru

Why does Uluru change colour?

A result of mineral particles found in the rocks.

How big is Uluru?

Uluru is 863 m tall.

What animals live near Uluru?

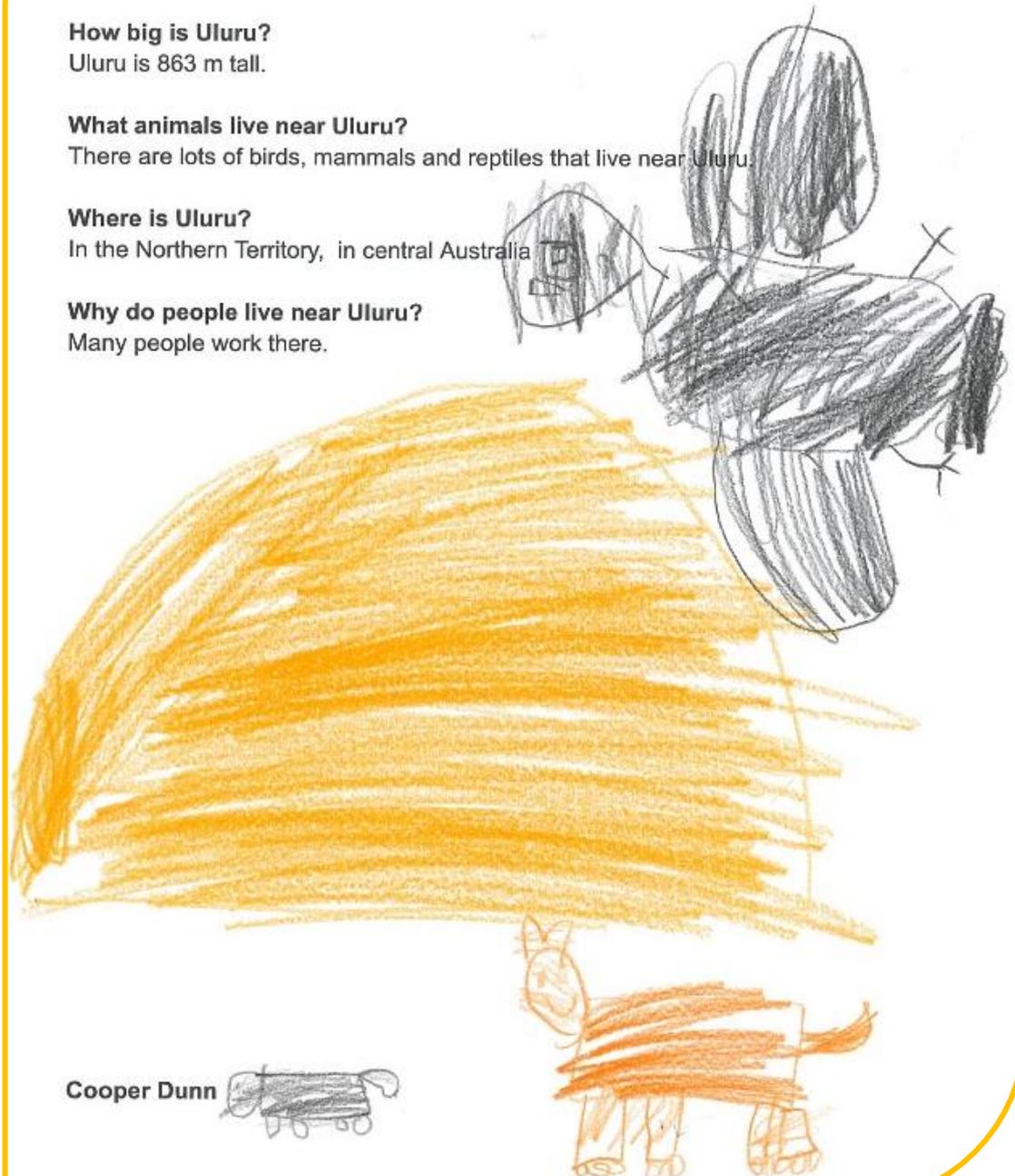
There are lots of birds, mammals and reptiles that live near Uluru.

Where is Uluru?

In the Northern Territory, in central Australia

Why do people live near Uluru?

Many people work there.



Uluru

When was Uluru formed?

It formed at June 26 2017

Is there a cave at Uluru?

There are many types of caves at Uluru.

How long is Uluru?

Uluru is 348 meters long.

Why does it change colour?

A result of a mineral particles in the sandstone. This makes it change colours at sunrise and sunset.

How many animals at Uluru?

At Uluru you will find:

21 different mammals

73 Reptiles

178 birds

4 deserts-dwelling frogs

Why can't people climb Uluru?

Anangh tradition now forbids climbing of the rock. It was closed to climbing in 2019.



Harlow Seddon

Goulburn RSL has invited our students to join the Anzac Day march on Thursday 25 April. This is in the second week of the holidays. Prior to COVID, our school had between 40 – 60 students who would march to represent our school each year but only school leaders have been able to march in recent years. 2024 is a wonderful opportunity for all students to now have a chance to march.

Parent Teacher interviews are being held next week. This is a brief opportunity to reflect on your child's first term. Please be mindful that this interview is only short but another time can be organised for next term if further discussion or follow up is required.

Well done to every student from Kindergarten to Year 6 for your positive approach to learning and school this term. Some days are not as perfect as others but it is how we handle those difficult days that make us special people. I am very proud of you all.

Congratulations particularly to our Kindergarten students for completing their first term of school. Their classroom is such a happy and energetic place with lots of learning and fun, and I know that Mrs Pattison loves being their teacher!

Thank you to every member of staff. It's not just the hours that you invest in our school and our students that make the difference – although I do know how many of those you work!! It's your care, professionalism, and collegiality. We will always work together to make our school the best we can.

Best wishes Charmian Cribb

Uluru

A sacred place

Uluru has been a sacred place to Anang people for tens of thousands of years.

Climbing Uluru

Climbing Uluru was not generally permitted under Tjukurpa (Anang law and culture). As well as causing erosion, walkers caused a major issue when they had - well nowhere to go there are no toilets.

Naming Uluru

Uluru was first located by explorers in the 1870s by William Gosse. He named Uluru ayers rock after the chief secretary of South Australia at the time sir Henry Ayers. Giles named Kata Tjuta the Olgas after then-reigning Queen Olgas of Wurttemberg

Forming Uluru

Uluru is around 500 million years ago the whole area became covered in sea and mud fell to the bottom and covered the seabed these beds turned into sandstone and became Uluru.

By Mia

Uluru

Size

Uluru is 863 metres tall including what is underground. On top, it is 348 meters above the ground.

A special place to visit

Uluru is popular for its amazing rock arts.

Walking around it

It would take you 3 to 4 hours to walk around it.

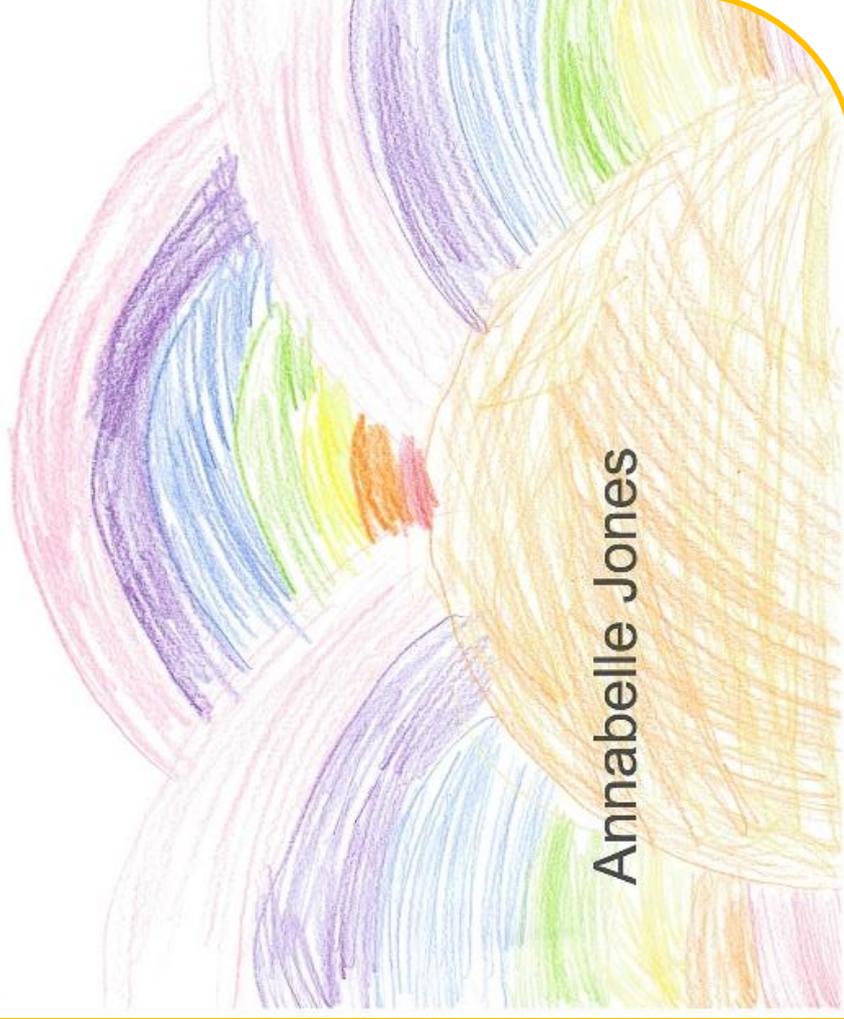
What animals live in Uluru?

Dingo and red kangaroo and sand goanna and King brown snake and Lots more animals live at Uluru.

Where is Uluru?

Uluru is in the Northern Territory of Australia.

Annabelle Jones



Wear Red for our Smart Pups Fundraiser on Friday 12 April 2024!

Come dressed in your favourite shade of **RED** (or orange or pick) and bring along a gold coin donation to help us raise money for Smart Pups Australia!

Smart Pups specialise in providing trained service dogs to assist children with special needs. Their goal is to improve the quality of life of children with special needs by training assistance dogs in task-specific skills.

Smart Pups is a not-for-profit organisation based on the Sunshine Coast, Queensland. Our focus is to improve the quality of life for young people and their families through custom training Assistance Dogs to master 'task specific' support skills.

We currently train Autism, Mobility, Vision, PTSD and Seizure and Medical Alert Assistance Dogs with Full Public Access certification.

Once placed, the Smart Pup becomes an integral part of the family unit, safeguarding the child's health and wellbeing. Providing early intervention assistance, friendship and companionship, the Assistance Dog can ease anxiety over daily challenges, provide opportunity for a greater level of independence and boost confidence for improved social inclusion and developmental achievement.

Your support of this fundraiser is greatly appreciated.



ENROLMENTS FOR KINDERGARTEN 2025

Kindergarten enrolments are now being taken for children who live in the Goulburn East zone and will turn 5 years old before 31 July 2025.

Enrolments can be done **online** through the school website at the following link:

<https://goulburne-p.schools.nsw.gov.au/> Click on the 'Enrolment' tab to get started.

Please note that original documents will need to be sighted at the office, and 100 points of proof of address documents must be provided in accordance with the Residential Address Checklist which is available from the school office.

To finalise your child's enrolment you will need to bring along:

- Your child's birth certificate
- Your child's immunization certificate (available from Medicare)
- Proof of address documents



Kindergarten orientation days will be held in Term 4. More information on the orientation days will be provided at a later date.

HARMONY DAY 2024

Harmony Day was celebrated at Goulburn East on the 22nd of March 2024. We were divided into our newly formed peer support groups and visited various activities. Each station had an activity dedicated to unity and cooperation. We spent 10 minutes at each station engaging in the organised activity. These included a three-ball game, a human knot, creating nature pictures, a dance-off, circle sitting, a hoop shooting game, and spelling out 'harmony' with our bodies.

Dressed in our best orange outfits, we raised money for a harmonious cause within the community. In the afternoon, we participated in a dance-off. We all created such amazing routines that the teachers were unable to choose a single group as a winner, it was an excellent day. Everyone had fun, and we raised \$150.

Thank you everyone for a great day.

Eliza-Rose Pomery-Griffin
SRC Secretary





Dress up relays.



Hula hoop challenge



Body percussion



Three ball game



Tying ourselves up into knots



Nature pictures



Gummy bear moves.



Finishing the day with a group dance off!!



HARMONY DAY



3 – 6 Easter STEM Challenge

Last week, primary students worked in groups to complete an egg-citing Easter STEM Challenge! STEM challenges encourage students to think critically and creatively, all while working on problem solving strategies and developing teamwork skills. Our Easter STEM Challenge had three requirements; one hat in each group must be at least 1m tall, all hats had to be joined in some way, and the headwear must be Easter-themed. The creations by students were amazing, and their creativity and style was on show! We finished the day with an Easter puzzle hunt, a code-breaking activity, and of course chocolate. We all had a wonderful time!

Mrs Jones



Infants Easter Hat parade

Last Wednesday we had a fun afternoon showing off the wonderful hats that we made. We then sang and danced for our mums and dads. Finally, the Easter bunny gave us a visit and we found lots of chocolate eggs to share.



Nutrition Snippet

APPLE AND CINNAMON SLICE

Serves: 16 Prep time: 15 mins **Cooking time: 25 mins**



Ingredients

- ½ cup apple purée
- ⅓ cup caster sugar
- 2 eggs
- ½ cup reduced-fat natural Greek yoghurt
- 1 tsp ground cinnamon
- 1 cup wholemeal self-raising flour
- 200g tinned apple slices

Method

- Step 1:** Preheat the oven to 180°C. Grease and line a 20cm x 20cm square baking tin.
- Step 2:** Add the apple purée and sugar to a large bowl and whisk until combined.
- Step 3:** Whisk in the eggs, one at a time until combined.
- Step 4:** Add the yoghurt and cinnamon and whisk to combine. Add the flour and gently fold through until combined.
- Step 5:** Spoon the mixture into the prepared tin. Arrange the apple slices on top. Bake for 20-25 minutes, until a skewer inserted in the center comes out clean.
- Step 6:** Stand in tin for 10 minutes before turning out onto a wire rack to cool. Slice and serve.

For this recipe and more visit:
healthylunchbox.com.au



Cancer Council
Healthy Lunch Box

NUT ALLERGY AWARENESS

To minimise the chance of our students having an allergic or anaphylactic reaction to nut products, we ask that you do not send in products containing nuts to school. This includes peanut butter on sandwiches. Your cooperation is appreciated.

There's a lot you can do in just an hour or two!

Goulburn East P & C committee are looking for volunteers to assist with our up-and-coming activities. These activities may include:

- Mother's & Father's Day stalls
- Cooking sausages at school BBQs
- Friday lunch order pick up/ drop offs and
- Many more activities to assist the school

No skills required, just your time and a smiling face!

If you would like to help in anyway, please email

goulburneastpublicschool@pandcaffiliate.org.au to register your interest.



NEW
EDITION
AVAILABLE
NOW

DIGITAL CHILD SAFETY HANDBOOK

We are pleased to advise that a new edition of this valuable safety resource is now valuable online with updated safety content.

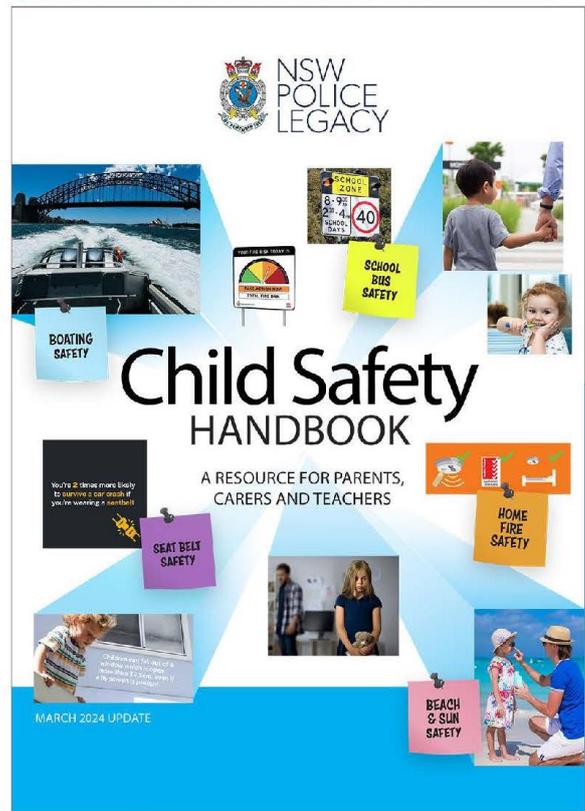
We urge all parents and carers to download this latest edition and discuss the safety content with your children.

Child Safety Handbook App available for download:



[Visit the Child Safety Hub](#)

Read the [Child Safety Handbook](#)



Super School Holiday Fun Monday April 22nd 2024

More than \$500 in great prizes to be won

1.30pm START. Registration from 12.30pm - only \$8 Per Child.

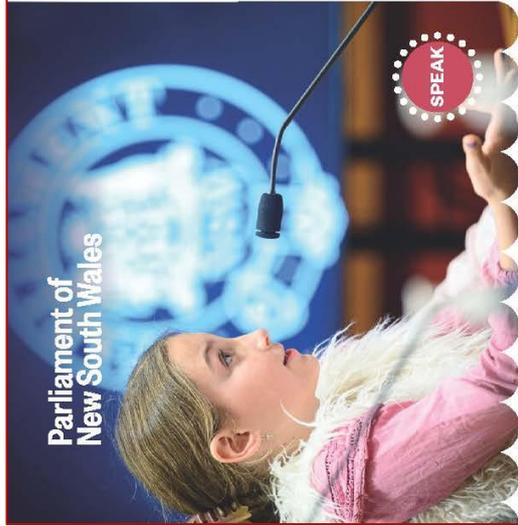
Includes a book, dobber, packet of chips and a juice

Suitable for children 5 years and over

- Kids bingo is for children only
 - NO adult participation but you can help
 - Children are to be supervised at all times by a parent or guardian
- Great fun for everyone at Goulburn's favourite hospitality venue

Goulburn
Workers

Parliament of
New South Wales



SPEAK



FREE
EVENT

MAKE

FESTIVAL OF DEMOCRACY

at the Parliament of NSW

Friday 19 April
9.30am – 3.30pm

Celebrate democracy at Australia's oldest Parliament with free, fun activities for children from four to twelve years, and their families.

- Give a speech in the Parliamentary chambers
- Make craft animals and objects
- Learn how to vote
- Visit our heritage rooms
- Participate in a committee role play *and more...*



VOTE



SHARE



DRAW



FREE ENTRY
Activities 9.30am to 3.30pm

LOCATION
Parliament of New South Wales,
6 Macquarie Street
Opposite Martin Place

The public café will be open.



**BOOKINGS
ESSENTIAL**

P: (02) 9920 2047 or
E: communityengagement@parliament.nsw.gov.au

SPINNEROOS IS BACK!!!

After a successful Term 1 Goulburn Table Tennis are excited to announce that Spinneroos, an entry-level table tennis program for children aged 5 - 12 years, is back for a second term.

Nicola Fraser is delighted to start the second term of the Spinneroos program, stating that "it's a chance for young girls & boys to learn the "Ins and Outs" of table tennis, get active and have fun. Many children will pick up a bat or hit a ball for the first time, it's a learning experience that will cater to their individual needs whilst allowing them to have lots of fun".

Once signed up, all Spinneroos will receive a kit with everything they need to get started including a personalised Spinneroos t-shirt, a bat, balls and a bag.

8 x weekly 1hr lessons will give your child the best possible experience for a positive introduction to table tennis, so don't miss this opportunity to enrol your child in this exciting program.

Term 2 starts Wednesday 8th May 4.30pm at the Goulburn Table Tennis Club, Sports Way, Goulburn.

For more info and to register your child log onto www.spinneroos.com.au/events/232570/ or call Goulburn Table Tennis Club on 0456 482 920.



JUNIOR RUGBY UNION MUSTER DAY

Come and Try Day!

Active Kids Vouchers Welcome – Register on the Day

\$100 Annual Registration includes

- Socks
- Shorts
- Weekly Training Sessions

Mixed aged groups from under 6 to under 12.

All skill levels welcome.

JOIN IN THE FUN!

4TH APRIL 2024

5.30PM



CARR CONFOY GOULBURN
www.goulburnrugbyunion.com

Competition Start Date – 10 May 2024

Breaking News: The Goulburn Young Artist Award 2024 is Open for Entries!

Are you the guardian of a talented young artist?

We are thrilled to announce that we'll be celebrating local emerging talent this year during our Goulburn Young Artist Award 2024 competition. We care deeply about creating opportunities for children to showcase their work, and to understand the process of entering a competition, a key tradition of the fine arts industry.

When: 17th May - 22 June 2024

Entries close: 5pm Friday 5th April

Where: Goulburn Regional Art Gallery

Who: Young artists working in any medium aged 10-18 who live within a 120km radius of Goulburn

Award: \$500

To Apply: Click [here](#) for the entry form and the terms and conditions of entry

Has your young artist recently created something spectacular? Submit an image of their work along with your completed entry form so they can be considered for the title of Goulburn's Young Artist of 2024. We're so excited to see your child's artwork!

Entries: via email Samantha.Wiltshire@goulburn.nsw.gov.au